

ORIENTEERING

About Little Bennett Regional Park

Little Bennett is the largest natural gem of Montgomery County. Among its 3,700 acres, over 20 miles of trails lead you to and through quality forests, meadows, and streams. This vast park is home to many historic sites, and an abundance of native plants and animals. We invite you to visit often, hike our trails and camp in the campground. Explore! Enjoy!

NOTE: The start and finish point for the course is at the small parking lot named Wilson Mill on Clarksburg Road just south of Little Bennett Creek.

About Orienteering

Orienteering is both an adventurous game *and* sport. We've placed wooden posts or "checkpoints" in the woods, each with their own unique number. Using the map on the reverse of this brochure, find the checkpoints shown in purple, and in numerical order. When you find a post, double-check the number on it to be sure you're in the right place! There are different courses for different skill levels, but all give you one thing: Adventure!



About Quantico Orienteering Club (QOC)

Quantico Orienteering Club promotes the enjoyment and preservation of the outdoors through the recreational activity of orienteering. Our nonprofit group hosts orienteering events open to all in parks throughout the greater Washington DC region most weekends from September to June. Participants may walk or run, go solo or in groups of any size, as they look for checkpoints placed in the park especially for that event. All events include courses for all skill levels, from family-friendly to elite adventure racer. Free beginner instruction is always available.

Learn more about our upcoming public events by visiting us at www.QOCweb.org



Little Bennett Regional Park

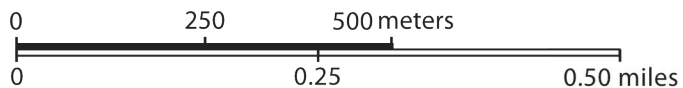
"With a map and compass in hand, you head into the woods. It is a beautiful day and you are about to start off on an adventure: Orienteering."
~Eva Ruutopold



Intermediate

Map Scale 1 : 10 000

Contour Interval 5 m



Legend

- undergrowth, slow running
- undergrowth, difficult to run
- open land
- semi-open land
- rough open land
- forest
- vegetation: slow run
- vegetation: difficult run
- vegetation: fight
- distinct vegetation edge
- paved road
- parking area
- dirt or gravel road
- vehicle track
- footpath
- small path
- indistinct path
- narrow ride
- power line, high tower
- high fence
- fence
- ruined fence
- stone wall
- ruined stone wall
- impassable cliff
- passable rock face
- boulder, rock pile
- rocky ground
- man-made object
- building, ruin
- index contour
- contour, 5 meters
- form line, <5 meters
- slope line
- earth bank
- earth wall
- knoll, small knoll
- depression
- small depression, pit
- gully, small gully
- root stock; with trunk
- crossable stream
- small stream
- seasonal stream
- pond
- marsh
- indistinct marsh
- spring
- individual tree



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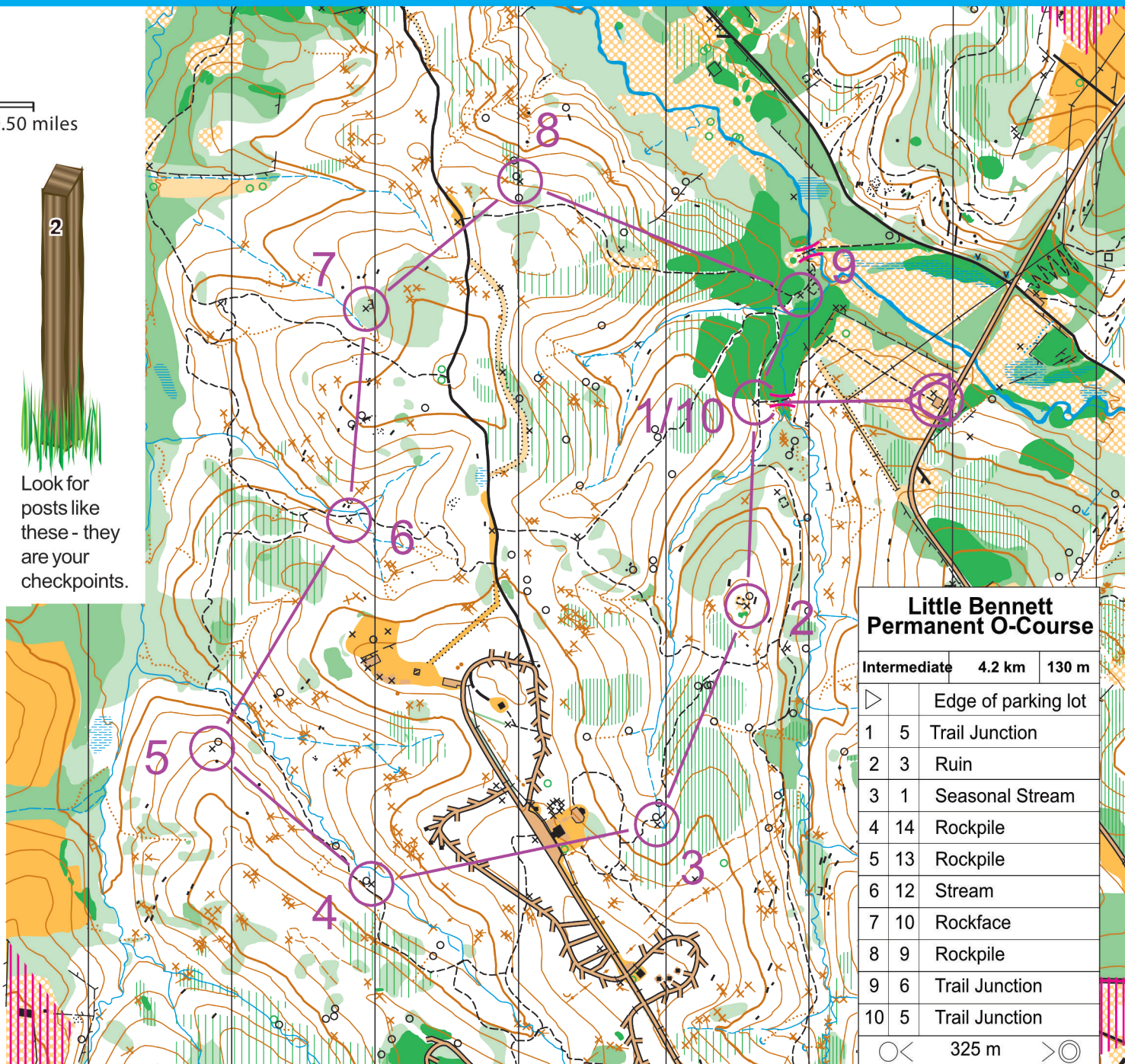
Look for posts like these - they are your checkpoints.

- Start and Finish
- Checkpoint
- Bridge

Helpful hint: Study your map while going to your checkpoints - plan ahead.



red arrow map
www.redarrowmaps.com



Little Bennett Permanent O-Course

Intermediate 4.2 km 130 m

		Edge of parking lot
1	5	Trail Junction
2	3	Ruin
3	1	Seasonal Stream
4	14	Rockpile
5	13	Rockpile
6	12	Stream
7	10	Rockface
8	9	Rockpile
9	6	Trail Junction
10	5	Trail Junction
		325 m